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So what is this book all about?

Buddha died approximately 2,500 years ago and his spirit went to a higher plane where enlightenment, as we call it, exists. Once you have achieved this plane, it is a place you would not want to leave. Ever since his physical death, Buddha's spirit has lived here while the school continued as it always had. That's really what Earth is, a school, a place of learning. Many fortunate spirits return here on their quest for growth and development. It's a very popular school.

Everything is for a reason and nothing is an accident. This is the way of karma. The school will prosper and many students will again graduate with honors to a higher level, to college, to university and some will become professors. I remembered my last life when I was part of the school, working hard to bring about new programs and lessons to speed up the growth and learning of the students. I was here in this place of bliss, seeing and feeling these past things.

However, as I looked down from this higher plane of existence, I saw that the school was becoming a little unstable. I knew that if current karma were not adjusted, the wrong outcomes would eventually arrive. Bullies were getting a little too powerful for their own good, and they threatened the continuation of the school. This was not acceptable to God or to the many hard-working students in the school.

I saw war, with religion at the heart of it. I saw anger without reason. I saw fear in beautiful people. I saw guns and I saw death. None of these things were in my teachings in the school so I knew it was time for adjustments. So I chose to leave the place of bliss, returning to once again teach the School of Karma to enhance life, growth, freedom, and balance.

War is not acceptable in this school. Anger has no place in a learning classroom. Greed must not exist when there is plenty of lunch for everyone, and poverty is not an option when the teachers control a budget with plenty of funds.

The bullies cannot rule, so adjustments in karma must take place. This will not affect the serious student who goes to school to learn. For all the students who help their fellow students, the right karma will be created. This, in turn, will bring about growth and good karma (positive conclusions).

There are those students who have learned, developed and are now head teachers, who will step forward in the classrooms. There are also those teachers who have not stepped forward in other classrooms. They know who they are. There are some teachers who have plenty of food for their lunch break, but have forgotten to share it. They, too, know who they are. So for now, there are some adjustments going on.

All of the above are Buddha thoughts. However, for many years I lived a normal life with no knowledge of any previous identity. It is only during the last six years or so that this knowledge has come to me. During this period I have received a great deal of information, opinions, views and thoughts that I have put down in this book. Many of these thoughts are quite different from the accepted way of looking at things.

I've thought long and hard about what I should do with the information I have received. Sent through to me by my source (God), much of this information I would not have agreed with earlier in this life. However, as it was delivered to me (I'll explain more as we go along), I began to understand and welcome more of it. It took me considerable time to accept its source, but finally I had no doubts.

Take a moment to think about the following statement: nothing in life is an accident and everything is for a reason. You're probably thinking that this is a crazy statement and wondering how it could possibly be true. But imagine if it were true. The consequences would probably change the way you view and live your life.

This is my reality. When I started to receive very strong thoughts concerning this statement, I thought that it was pretty weird. As time went on, however, the thoughts persisted and became much stronger; I started to spend more time thinking about the possible conclusions. During those years, I would wake up early in the morning and have nothing in my mind but thoughts and specific information concerning this statement. I would then find myself actually seeing situations being played out in my mind.

On one occasion, I received a lot of information concerning the medical profession, illness, and the reasons people are not well. It was just like a computer file being downloaded. Over the past few years, I have received many visions and

thoughts concerning this. For all I know there may be many more people out there that have had the same kind of experiences, but so far I have not met them.

I have never had any doubts about where all this comes from. Even so, I had a tough time realizing the truth of it all. After studying and observing the affects of this information over a long time, I decided to put it down in writing so that it might help other people who are interested in pursuing it.

Many people on this planet live their lives in a very routine and insecure way. They are more concerned with the routine of ordinary existence than with their growth and development. Imagine a lifestyle where there are no more problems, just opportunities, where every day is a good day filled with love and a passion for life, where anger has vanished. Once these conditions appear, then bliss just happens.

Our natural state is really one of pure bliss, love, and contentment, but today you will not find many people living this way. The exceptions are people who have left the ordinary life to live as yogis or in monasteries as monks. Although this is a very noble way to live, I believe that it is still possible to enjoy a productive life full of love and bliss doing ordinary things still in the mainstream of society. You shouldn't have to go half way up a mountain in Nepal to achieve a level of living that is blissful. The principles for the person living in Nepal and the person living in a metropolitan area are the same. If these principles are followed, it will not matter where you live.

It is important that people know where Buddhism stands in relation to modern life today. Many of today's spiritual leaders are focusing on teachings from the distant past, but this is not enough. There will always be a place for these teachings, but what about the issues concerning us today? What do our spiritual leaders have to say about Iraq, AIDS, and cancer, the fear of terrorism? They refer to Buddha's teachings but, although they are timeless, much has changed in 2,500 years. Considerable new karma has been created, as it is continually. Unfortunately, much of it is not good karma.

Teachings relating to life today are needed by many. Original teachings and texts will always be sacred, but our spiritual leaders could be doing more to help people with current issues.

My message relates to all religions. It is the message of the great masters who have been here in past lives. On the plane of white light where we all exist together with God there is only unity. Disagreement does not exist. That exists only here on the physical plane. Although it may be difficult to believe that the spirit of Buddha has been reincarnated in me, it is true. But I am not here to convince you of who I am. You can either accept it or reject it. It is your choice. I know my identity and nature just as I know some will believe me and others will not.

The Buddhist path of life is a worthy one; it offers everything that a developing spirit needs to master life on this physical plane. Once this has been achieved and the understanding of karma is complete, the whole spiritual universe is there for you to enjoy and explore. This will ultimately happen to all spirits returning here, but some will develop quicker than others. I hope to assist you whenever you ask, either directly or indirectly.

In this life, my physical existence is not that of Buddha—the spirit is the same, but the body is different. This book is not meant to be a course in Buddhism; it does not go into the deeper Buddhist texts and writings. I am sure serious students of Buddhism know much more than I do on this subject. I have nothing but a deep sense of respect, admiration, and love for all spirits who have used the Buddhist path as a way of living here, on this plane.

In my last life here on Earth, I was Siddhartha Guatama. God has chosen to send me here again, with a new identity, to deliver and discuss new teachings that relate to life today.

It is my hope that this book will give the seeker of true happiness some new thoughts and ideas concerning life and death, reincarnation and karma and especially the joy you can experience “from this moment on.”

And so, The Buddha Returns.